



CERTIFICATE

**has participated in training on the 72 hours
home preparedness concept.**

The training covered the 72 hours home preparedness recommendation, according to which each household should be prepared to cope independently for at least 72 hours in a disruption.

The training covered information and skills relevant for home preparedness and a list of supplies that everyone should keep at home in the event of a prolonged power outage or water supply disruption, for example.

www.72hours.fi



Huoltovarmuuskeskus
Försörjningsberedskapscentralen
National Emergency Supply Agency

